The Vale Clinic
Podiatry

swift

MICROWAVE THERAPY
FOR WARTS
AND VERRUCAE

With treatment times in seconds, Swift provides a precise and easy way of treating skin lesions.

WHAT IS SWIFT®?

Swift is a new technology, developed in the UK, which has been licenced for the general treatment of skin lesions in Podiatry. Swift uses microwave energy which is delivered through a special probe applied to the skin to treat the affected tissue.

DOES IT HURT?

Like many treatments for skin lesions, some minor discomfort may be experienced. Before treatment your podiatrist may decide to reduce the lesion with a blade.
Pain levels vary from person to person but most people undergoing Swift liken it to a pain similar to an injection or a scratch, lasting 2 - 3 seconds then quickly subsiding.

WHAT CAN I DO AFTER TREATMENT?

In some cases the treated area may feel sore but will not prevent you undertaking normal daily activities.

HOW MANY TREATMENTS WILL I NEED?

This is dependent on how you respond to treatment. In some cases, you may need more than one treatment (these can be from 14 days to over a month apart depending on the response).
Your Podiatrist will be able to discuss this with you.

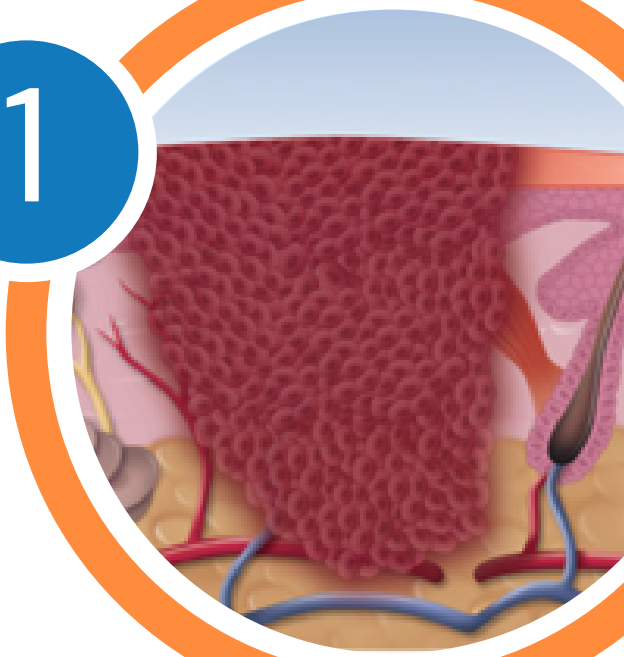
CAN ANYONE RECEIVE THIS TREATMENT?

With a few exceptions, most people with skin lesions would be able to have this treatment. Your Podiatrist will carry out an assessment prior to treatment and be able to advise you on this.

HOW MICROWAVES WORK

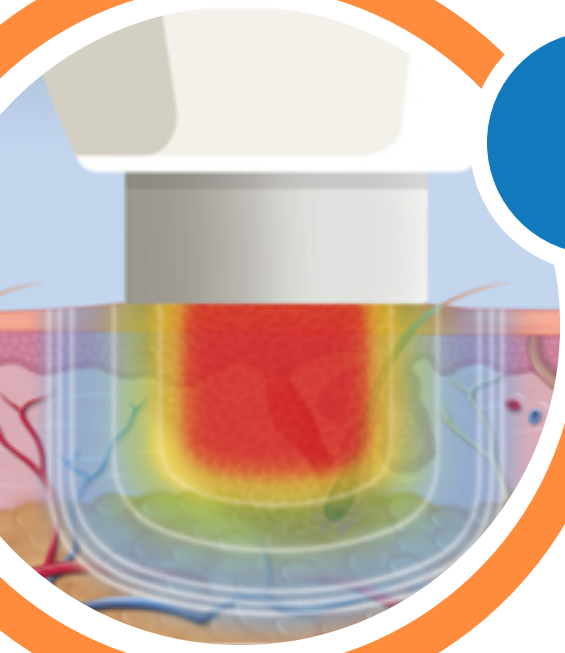
Microwave energy rapidly elevates tissue temperature and creates precise, localised cell destruction.

1



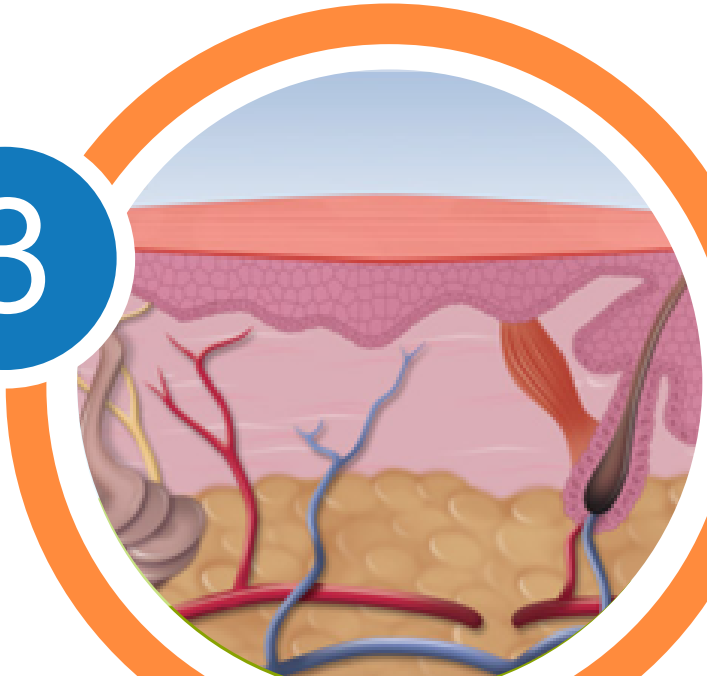
Infected tissue can exist several millimetres below the surface and can often be difficult to treat using traditional methods.

2



Swift delivers a precise, highly controlled energy dose. As microwaves travel into the tissue, water molecules begin colliding and creating localised heat energy – quickly destroying all infected tissue within a predetermined depth.

3



In just seconds the treatment is complete and the healing cascade begins immediately. Treated tissue is quickly replaced, repaired and regenerated.

BEFORE AND AFTER TREATMENT

CASE STUDY ONE

BEFORE TREATMENT

AFTER 4 WEEKS
(4 weeks after 1st treatment)

AFTER 6 WEEKS
(2 weeks after 2nd treatment)

AFTER 6 MONTHS
(18 weeks after 3rd treatment)

CASE STUDY TWO

BEFORE TREATMENT

AFTER 4 WEEKS
(3 weeks after 1st treatment)

AFTER 6 WEEKS
(6 weeks after 2nd treatment, no further treatment required)

AFTER 6 MONTHS
(No further treatment after 2nd treatment)

CASE STUDY THREE

BEFORE TREATMENT

AFTER 4 WEEKS
(4 weeks after 1st treatment)

AFTER 6 WEEKS
(2 weeks after 2nd treatment)

AFTER 6 MONTHS
(18 weeks after 3rd treatment)

ASK YOUR PODIATRIST FOR MORE INFORMATION

All information read here is based on Patient Information Sheets created by trained, registered Clinicians who are experienced with the product and treatment protocol. Before undergoing treatment ensure your Podiatrist is registered and has given you the full range of options available.

The Vale Clinic
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We can also help with:

- Biomechanical assessments
- 3D Gait Analysis
- Shockwave® Therapy
- Fungal nail treatment
- Diabetic foot care
- Toenail surgery
- Ingrowing toenails
- Standard podiatry appointments

The Vale Clinic Podiatry
Ground Floor, Unit 15 Elms Walk,
Wokingham RG40 2FE

www.thevaleclinic.com 0118 304 9389 info@thevaleclinic.com

/thevaleclinic @thevaleclinic

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