Toenail Reconstruction

Explained

What is it?

Toenail reconstruction is a procedure using resin, a special gel, layered over an existing nail.

How can it benefit me?

- To protect a traumatised nail as it grows
- To reinforce an existing nail plate which may be weak

Reasons for reconstructing a nail will vary from person to person. It is most beneficial where the original toenail is misshapen, unsightly or as an additional protection for a weakened nail.

Examples of such is where you might have a very weak nail, which may have a tendency to crack; nails traumatised by footwear or high impact sports... In these cases, the resin gel will act as protection for the affected nail, allowing it to recover with time.

The resin used has similar properties to normal nails, it being flexible and resistant.

When is the treatment recommended?

Both men and women can have a toenail reconstructed. It is beneficial if you have a:

- Traumatised nails
- Thick nails
- Split nails
- Brittle nails
- Psoriatic nails
- Those who have had nail surgery and the appearance is not as desired.

Toenail Reconstruction Explained

How is the resin gel different to gel nails in a salon?

- The resin is designed to be as close as you can achieve to a normal nail. it is a prosthetic.
- We do not use the same gel or acrylics as in a salon; this is a special resin with a similar consistency compared to a normal nail. It is more flexible and resistant. The resin will not damage your natural nail, it provides a protective layer.

What happens during the treatment?

- Your own nail will be cut and filed to prepare the base.
- Your nail will be cleaned with an antimicrobial solution and will be de-greased and dried with a nail dehydrator.
- The podiatrist will prepare the paste to create the resin, and will apply it on to the nail plate in layers.
- After a few minutes the resin will be ready to file and shape for a natural look.

How long will the reconstructed nail last for?

The newly reconstructed nail/s can last up to 6 weeks if well looked after. It is guaranteed to last for at least 2 weeks, if not damaged or traumatised. It is strongly recommended that the nail should be reviewed in 6 weeks after application.

For more information, contact us at Tel. 0118 304 9389 or book online